



# TEAM BUILDING & PEOPLE DEVELOPMENT

If your people and business are important to you, it's important that you play a part in their development – on both on a professional and personal level.

At 7C's, we utilize leading development models, team building theories and tools such as the SDI (Strength Deployment Inventory), and add them to one of the greatest, most natural team building experiences – sailing.

**It is our job to help you do what you do even better, by developing:**

- **Team work**
- **Communication**
- **Leadership**
- **Trust**
- **Understanding**

If you want to develop your People, Performance and Productivity

call: 01590 689 289 or 07771 605 037

email: [pj@leaplc.com](mailto:pj@leaplc.com) web: [leapdelivers.com](http://leapdelivers.com)

**1 Day SDI  
Workshop Plus  
1 Day Sailing with an  
ex-Global Challenge  
Yacht**

**DISCOUNTED TO  
£5750**  
for first five bookings received!





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## WHY 7Cs

7Cs is a reference to the seven seas of the world, which are as diverse as our clients. We use a fun, simple model to help you develop the 7Cs of people and team development that will help your people to do what they do even more successfully.

## WHY US

Clive Cosby is an experienced offshore race skipper who is now an inspirational speaker, SDI trainer and teambuilding facilitator. 'Having raced around the world under Clive's leadership, I would happily do so again', commented one of his 2004-5 BT Global Challenge Round the World crew; testament to Clive's skilled and effective hands-off manner. Clive firmly believes in empowering individuals to achieve their full potential.

PJ Stevens is, as one international agency Director noted, 'One of the top ten SDI Facilitators in Europe', whilst an International Airline stated 'Staff engagement (500 staff) doubled in the 12 months'. PJ is passionate about people, is a soft skills expert, speaker and conference host, specialising in high performance team work and relationship awareness. He has coached Olympic medallists and is a social sailor.

## WHY SAILING

*"On a sailboat the good teams will be those that find the next level where they can cover for each other, plan ahead and stay one step in front of the opposition. Sailing and especially racing puts the individual, the team and the leadership under pressure. How better to improve your team than through a shared learning experience?"*

Ian Walker; former British America's Cup Team skipper, Olympic Sailor and current skipper on the VOR.

## WHY SDI

SDI – Strength Deployment Inventory - is one of the most effective, memorable and engaging tools to help develop personal awareness, soft skills, relationship development and team work. To give you a feeling for it's power, 'Probably the best performance teambuilding programme I have been on at the Bank in 18 years', wrote one senior platform manager after an SDI programme with PJ.

In addition we are qualified to deliver MBTI, Belbin, 3Ps, S@W and other useful tools and models.

## WHY CALL US

**We are offering five of our two day programmes, at a reduced fee of £5750 plus VAT for 12 guests.**

Please call for specific details, options and opportunities for your event.

This full two day (32-hours) programme offers 12 people;

- One day SDI at a suitable hotel including lunch and coffee.
- One night onboard the ex-BT Global Challenge Yacht with Breakfast.
- One full day of sailing on the Solent, including hands on training, helming and genuine leadership development.

Through our experience, we can deliver a range of teambuilding and sailing development programmes, coaching and motivational speeches from the Classroom to the Channel, from 1.5 hours to 12 months of aligned workshops for 6-600 people on land and/or sea.

## INTERESTED?

**call PJ Stevens:**

**t: 01590 689 289 m: 07771 605 037**

**e: [pj@leapplc.com](mailto:pj@leapplc.com)**

**[www.leapdelivers.com](http://www.leapdelivers.com)**

